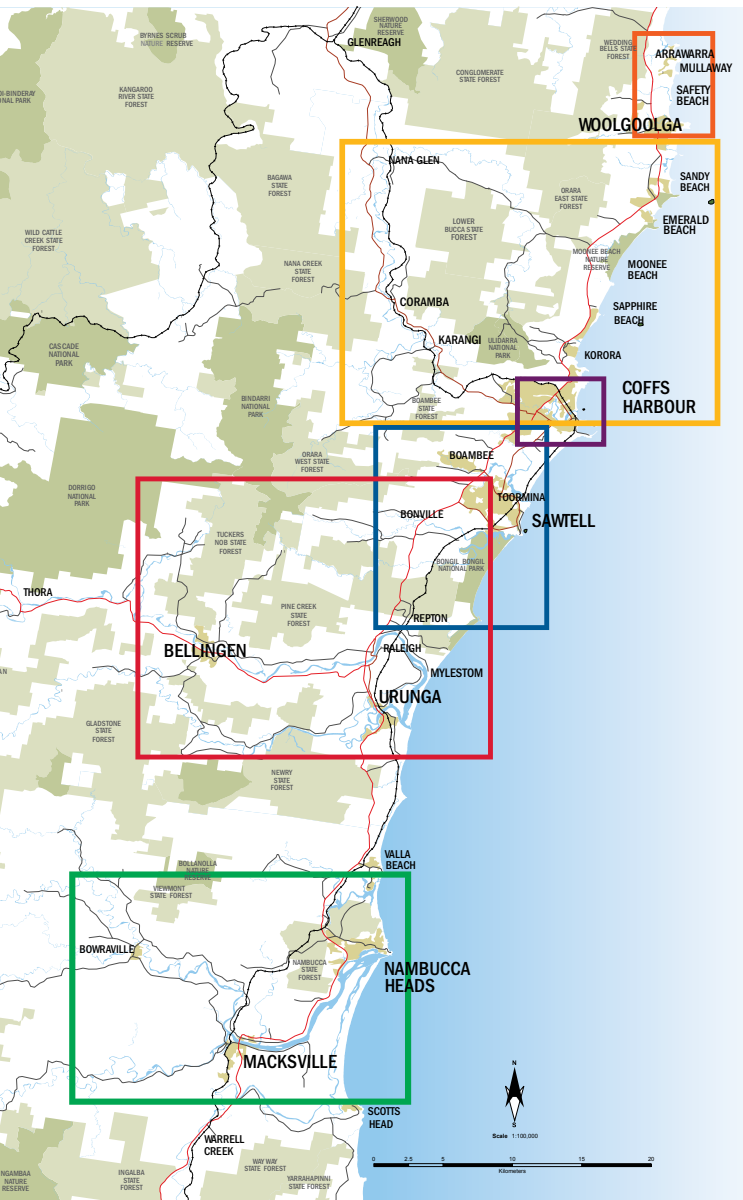


Map regions



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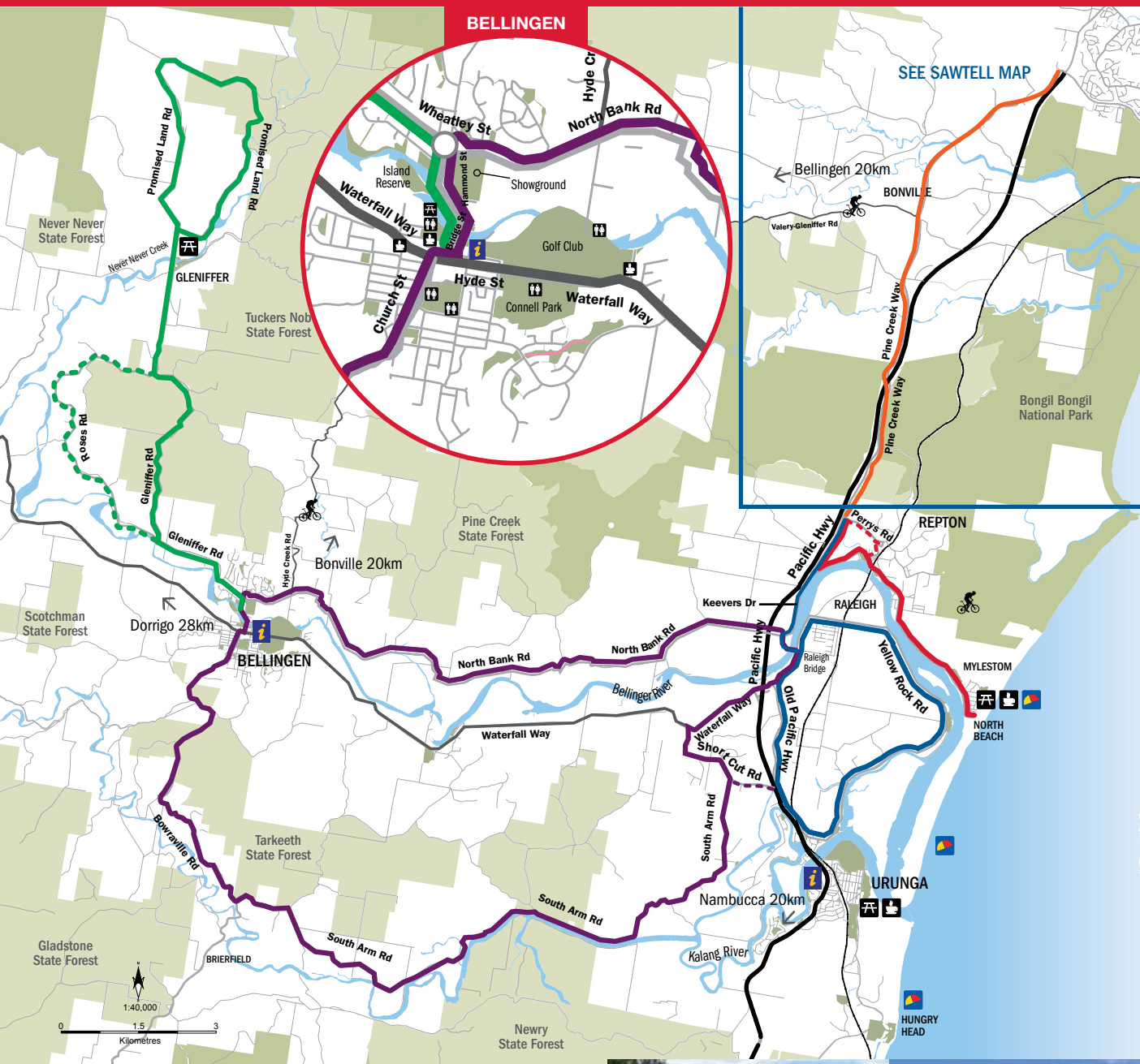
Legend

	Ride routes		Side trips
	Shared paths/bike lanes		Go for a walk!

	Bike Shop		Picnic Area
	Coffee!		Playground
	Information Centre		Public Toilets
	Lookout		Train Station
	Patrolled Beach		Walks

	Sealed Road		Shared path
	Unsealed Road		Bike Lane





KEY See pages 22-23 for route details

- Mylestom River Ride
- Yellow Rock Ride
- Bello Loop
- Promised Land Loop



Bellingen

Perrys Road Lookout is a popular starting point for rides in the Urunga/Bellingen areas. It is approximately 20 km from Coffs CBD, depending on the route taken. Add the following distances to estimate a great return ride from Coffs.

Mylestom River Ride **S**

Route	Perrys Road Lookout to Mylestom
Distance	13km return.
Description	Down the hill, and then an easy 5km along the river.
Start/finish	Perry's Lookout to Mylestom return.
Highlights	Lovely ride and a great destination, especially as an extended ride from Sawtell or Coffs.

- Continue riding south down the Old Pacific Highway. Turn left into Mylestom Drive – an easy, flat 5km trip along the river into Mylestom. Swim in the river pool enclosure or enjoy a picnic. There is a local General Store and Cafe.
- Take an alternative route down Perrys Road and turn right into Repton Road, winding down the hill to meet up with Mylestom Drive.

Yellow Rock Ride **S**

Route	Raleigh circuit
Distance	18km loop.
Description	Picturesque on-road ride along river flats and farmland. Light traffic but very bumpy!
Start/finish	Perrys Road Lookout.
Highlights	River views, woodland, mangroves and open farmland.

- Head south along the Old Pacific Highway, over Raleigh Bridge, and continue to the Pacific Highway. Ride for a short distance along the Highway, then turn left into Yellow Rock Road, over the level crossing and through a residential area.
- Rejoin the Old Pacific Highway at Raleigh Bridge.
- Avoid the hill back up to Perrys Road by starting and finishing in Raleigh.
- Caution required on cattle grids, railway crossings, and the narrow shoulder on the Pacific Highway.



Bello Loop **S**

Route	Raleigh to Bellingen circuit.
Distance	45km return.
Description	A challenging, on-road ride through 'rolling countryside'.
Start/finish	Start/finish at Perrys Road Lookout
Highlights	Farmland and forests along the Kalang and Bellingen Rivers, and the charm of Bellingen.

- Take South Arm Road to Bellingen, returning via North Bank Road.
- Head south along Old Pacific Highway through Raleigh. To avoid the current Pacific Highway, turn right onto Waterfall Way. Take Short Cut Road, then South Arm Road. Travel for 14km along the river. There are some hills.
- Turn right onto Bowraville Road. It is another 6km into Bellingen, where you will appreciate morning tea or lunch to reward your efforts. Take the opportunity to explore this popular and alternative heritage town.
- Head north out of Bellingen by taking Bridge Street over the river. Turn right at the roundabout and head east on Wheatley Street which becomes Northbank Road.
- After about 12km you will rejoin the Old Pacific Highway just north of Raleigh Bridge. This stretch has rough surfaces and a few hills.
- A shorter and easier option (32km) is to ride Northbank Road each way.

Promised Land Loop **S U**

Route	Bellingen to Gleniffer return
Distance	34km circuit.
Description	On-road route, includes approx. 8km of gravel. Suit MTB or hybrid. Significant hills, light traffic.
Start/finish	Bellingen
Highlights	Experience tranquil green rolling pastures, bordered by lush sub-tropical bushland and backed by the mountain escarpment of the Great Dividing Range.

- Head north over the river (Bridge Street) and turn left at the roundabout. Wheatley Street then becomes Gleniffer Road.
- Roses Road (veer left after 2km) is a worthwhile scenic detour. It has some gravel sections.
- On Gleniffer Road, cross the Never Creek, and then continue north. The Promised Land Road loop is 10km – which includes about 5km of unsealed road.
- There are popular swimming and picnic spots at Never Never Creek.

